

Gems from the Gym

March

March came in like a lamb (March 1st was nice!) so let's see if it goes out like a lion! This month is a busy one. It is March Madness Literacy Month here at Cashman, so it is a great time to read and earn a Lit token or two. Our unit this month is called New Games. We play a new game each week and practice 3 things: 1) Play Hard 2) Play Fair & 3) Play Safe. If we over-react to winning or losing we discuss it. Teamwork, competition, cooperation, strategy, exercise and of course, having fun are all very important parts.

Cashman School is also running an all school fundraiser for the American Heart Association. Grades K-4 will be jumping rope in gym class during the week of March 15-19. Parents and friends will be able to donate by sponsoring a student. A letter to the parents explaining our Jump Rope for Heart fundraiser will be going home in the Wednesday (3/10) Poly. Check our website for more information:

<http://schoolsites.schoolworld.com/schools/AmesburyPS/webpages/eflaherty/index.cfm>